



## Mindscales- Volume VI Edition 2

### Let's reflect on our parenting styles!

*“To be in your children’s memories tomorrow, you have to be in their lives today.”*

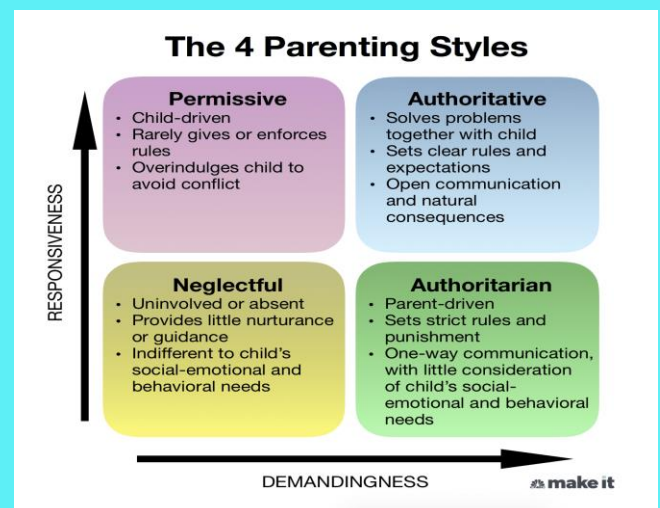


### Dear parent,

This edition of Mindscales will focus on different parenting styles and why experts advise practicing authoritative parenting style. We would all like to raise intelligent, confident, and successful children. But where do we begin? What is the best parenting style? That is always a question we ask ourselves.

Parenting styles fall under four categories. We use one or more of these distinctive styles at separate times, depending on the situation. Authoritative parenting is ranked

highly in a several ways such as academic, social, emotional and behavioral.



Let's know a little more about what authoritative parenting is.

Authoritative parents are supportive and often understand their children's needs. They guide their children through open and honest discussions to teach values and reasoning. They set limits and enforce standards for children but same time they are nurturing too.



Some common features of authoritative parents:

- Responsive to the child's emotional needs, while having ambitious standards.
- Communicate frequently take into consideration the child's thoughts, feelings and opinions.
- Allow natural consequences to occur, but use those opportunities to help the child reflect and learn.
- Foster independence and reasoning.
- Highly involved in the child's progress and growth.
- Adminstrate fair and consistent discipline when children break the rules.
- Allow the child to express opinions.
- Encourage children to discuss options.
- Express warmth and nurture children.

Authoritative parents are more likely to raise confident kids who achieve academic success, have better social skills and are

more capable of problem-solving. Authoritative parenting is especially helpful when dealing with conflict, because the way we learn to deal with conflict at a young age plays a big role in how we handle our losses or how resilient we are in our older lives.

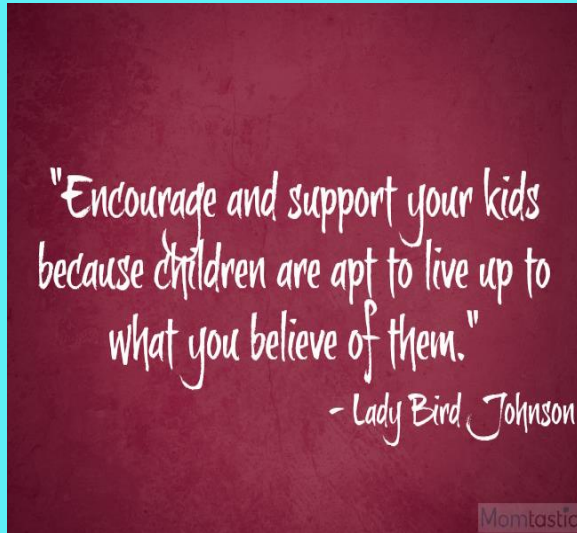
Authoritative parenting is characterized by reasonable demands and high responsiveness. While authoritative parents might have high expectations for their children, they also give their children the resources and support they need to succeed.

Parents who exhibit this style listen to their children and provide love and warmth in addition to limits and fair discipline. This approach to parenting avoids punishment and threats and instead relies on strategies such as positive reinforcement.



Parents with authoritative style can adjust and adapt to their approach depending on the situation, the child's needs, and other factors that may be present. Discipline considers all variables, including the child's behavior, the situation, and so on.

The authoritative parenting style is sometimes referred to as "democratic." It involves a child friendly approach in which parents hold lofty expectations for their children backed by support and guidance.



While there are many things that influence a child's development, the key factor among them is how parents play a big part. It is important to ensure that our parenting style is supporting healthy growth and development, because the way we discipline them has a lifelong impact on their future .

## REFERENCES

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