



KINDNESS CALENDAR- Parent-Student Activity

2017-2018

Thursday

14th December 2017

Make some homemade gift to give away this festive season

Thursday

11th January 2018

Try out the art of positive gossiping

Thursday

18th January 2018

Find ways to be kind to yourself today

Thursday

1st February 2018

Offer hugs to five loved ones

Thursday

8 February 2018

Cook special meal and surprise someone by inviting them

T

Thursday

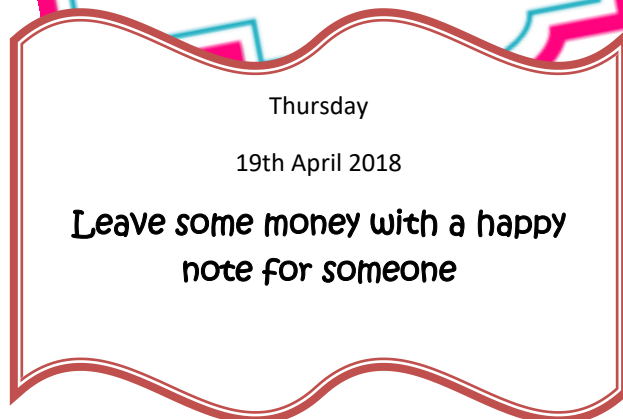
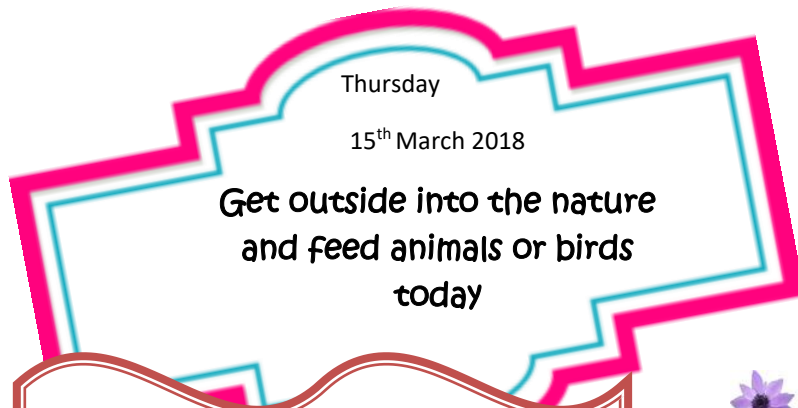
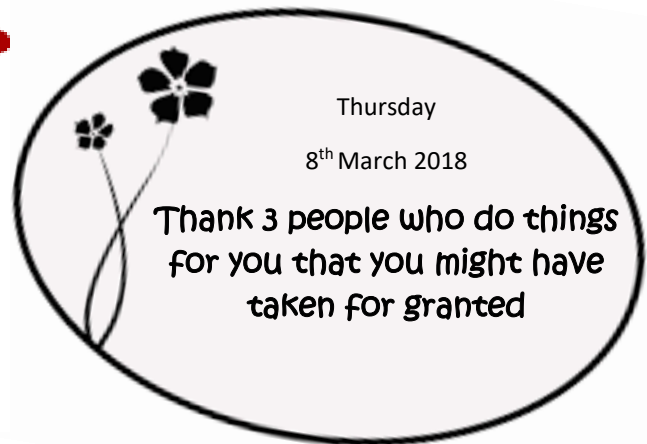
15th February 2018

**Turn off digital device and
listen and speak to each other**

Thursday

22nd February 2018

**Do something helpful
for a friend or family
member**



Thursday
3rd May 2018

**Make a phone call or
video call to a
relative who is far
away to say hello and
have a chat**



Thursday
10 May 2018

**Say something positive to
everyone you meet today**

Thursday
17th May 2018

**Offer a stranger
(Cleaner/Security Guard /labors)
with a drink and snack**

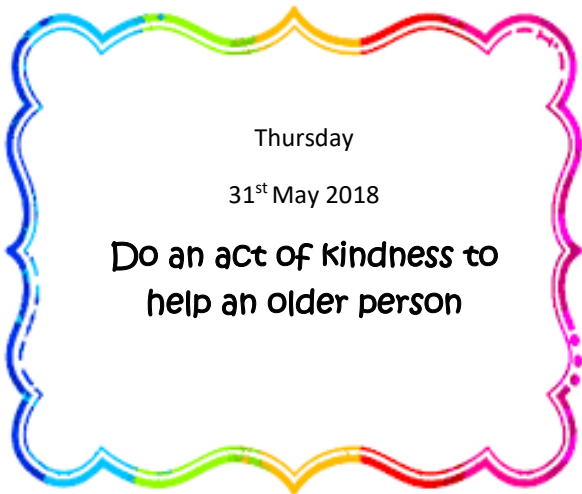


Thursday
24th May 2018

**Give someone your
place in a queue
(In a shop or in
traffic)**

Thursday
31st May 2018

**Do an act of kindness to
help an older person**



Thursday
7th June 2018

**Donate clothes/ toys/
blankets to a charity
organization**

